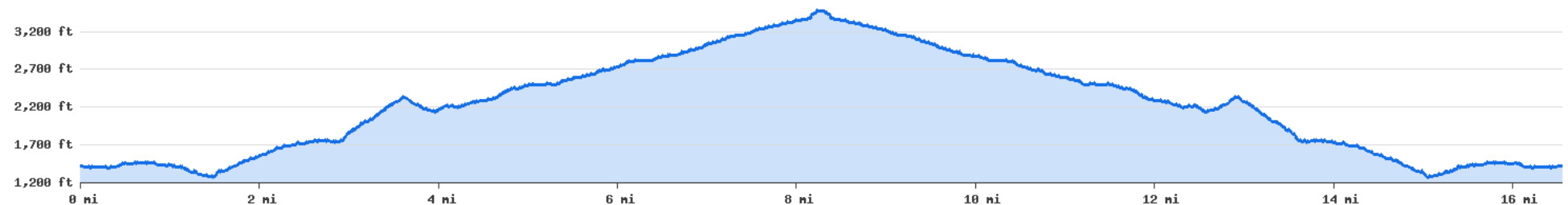
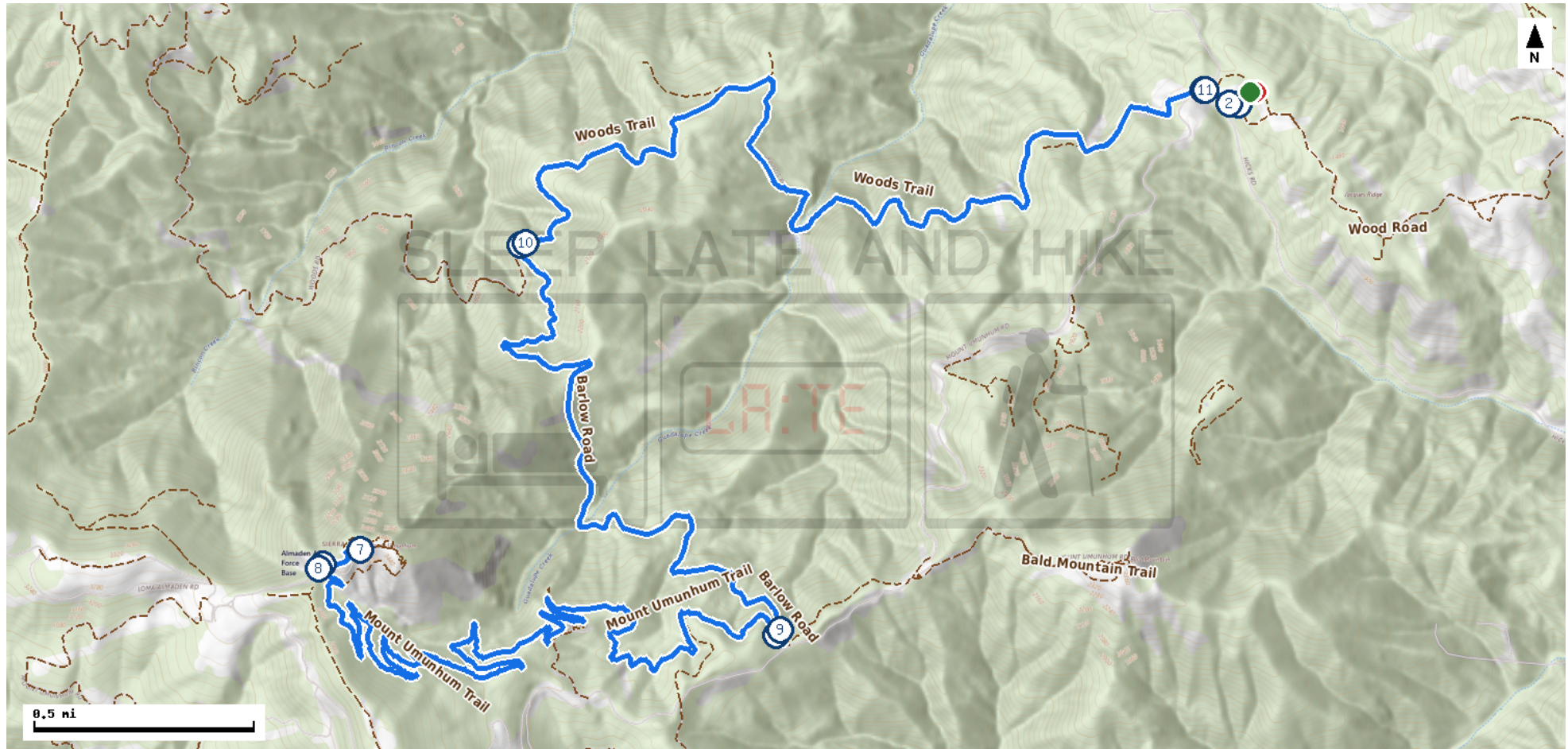


Woods Trail: Mt Umunum 16.7 miles

www.sleepateandhike.com

Wood Rd, San Jose, CA 95120, United States

Distance 16.64 mi	Ascent 3,558 ft	Est. time 8.4 hr	Difficulty Difficult	Route type Out & back	Trailhead GPS 37.17532, -121.86208
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Green = start, red = end, numbered circles = trail junctions (directions on page 2), dashed brown = trails. Map: USGS The National Map; trails © OpenStreetMap contributors.
<https://staging.sleepateandhike.com/eventdescription/woods-trail-mt-umunum-16-7-miles/> · printed Oct 20, 2026. **Carry a paper map and tell someone your plan.**

Turn-by-turn directions

The numbers are the numbered junctions on the map; the time under each mile is from the start at 1.7 mph uphill, 2.7 mph downhill and 2 mph on the level, plus 20 minutes for breaks. Worked out from the route and OpenStreetMap trail names; trail signs on the ground may differ.

Start	0.0 mi	Start - Next junction in 220 ft
1	0.0 mi ETA 0 hr 1 min	Turn right onto Wood Road - Next junction in 120 ft
2	0.1 mi ETA 0 hr 2 min	Bear right onto an unnamed trail - Next junction in 360 ft
3	0.1 mi ETA 0 hr 4 min	Continue onto Woods Trail - Next junction in 2.8 mi
4	2.9 mi ETA 1 hr 32 min	Turn left onto Barlow Road - Next junction in 1.9 mi
5	4.8 mi ETA 2 hr 36 min	Continue onto Mount Umunhum Trail - Next junction in 3.3 mi
6	8.1 mi ETA 4 hr 32 min	Bear right onto an unnamed trail - Next junction in 0.1 mi

7	8.3 mi ETA 4 hr 36 min	Turn around and go back the way you came - Next junction in 0.1 mi
8	8.4 mi ETA 4 hr 40 min	Turn left onto Mount Umunhum Trail - Next junction in 3.4 mi
9	11.8 mi ETA 6 hr 6 min	Continue onto Barlow Road - Next junction in 1.8 mi
10	13.6 mi ETA 6 hr 55 min	Bear right onto Woods Trail - Next junction in 2.8 mi
11	16.4 mi ETA 8 hr 17 min	Continue onto an unnamed trail - 0.1 mi to the end
End	16.6 mi ETA 8 hr 21 min	Arrive back at the start